

**Sociedade Columbofila Cantanhedense**  
**Torneio Regional de Fundo - Infantis e Juvenis**

**9. Dezembro 2007**  
**Cantanhede (POR) 8./9.12.07**

Sumário de resultados

Piscina 25m,

|                        |               |         |          |                      |      |       |       |
|------------------------|---------------|---------|----------|----------------------|------|-------|-------|
| Alves Ana Pinto        | 5.7.96        | 102767  |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 41.39    | 41.55                | 101% | RP    | 0 Pt. |
|                        | 100m Livres   |         | 1:29.61  | 1:30.39              | 102% | RP    | 0 Pt. |
|                        | 200m Livres   |         | 3:07.00  | 3:07.09              | 100% | RP    | 0 Pt. |
|                        | 400m Livres   |         | 6:24.77  | 6:22.56              | 99%  |       | 0 Pt. |
|                        | 800m Livres   | 12      | 12:51.57 | --:--                |      | RP    | 0 Pt. |
|                        | 100m Mariposa |         | 1:48.79  | 2:08.60              | 140% | RP    | 0 Pt. |
|                        | 400m Estilos  | 11      | 7:01.01  | --:--                |      | RP    | 0 Pt. |
| Alves Tiago Miguel     | 10.6.95       | 102773  |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 39.35    | 37.89                | 93%  |       | 0 Pt. |
|                        | 100m Livres   |         | 1:23.70  | 1:21.22              | 94%  |       | 0 Pt. |
|                        | 200m Livres   |         | 2:50.46  | 2:55.06              | 105% | RP    | 0 Pt. |
|                        | 400m Livres   |         | 5:47.35  | 5:46.49              | 100% |       | 0 Pt. |
|                        | 800m Livres   |         | 11:47.70 | --:--                |      | RP    | 0 Pt. |
|                        | 1500m Livres  | 10      | 22:23.22 | --:--                |      | RP    | 0 Pt. |
| Dinis Andre Marques    | 3.1.93        | 25204   |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 33.72    | 28.77                | 73%  |       | 0 Pt. |
|                        | 100m Livres   |         | 1:10.45  | 1:00.61              | 74%  |       | 0 Pt. |
|                        | 200m Livres   |         | 2:21.35  | 2:12.17              | 87%  |       | 0 Pt. |
|                        | 400m Livres   |         | 4:44.14  | 4:37.78              | 96%  |       | 0 Pt. |
|                        | 800m Livres   |         | 9:45.44  | 9:55.81              | 104% | RP    | 0 Pt. |
|                        | 1500m Livres  | 5       | 18:50.79 | 18:55.84             | 101% | RP    | 0 Pt. |
|                        | 100m Mariposa |         | 1:14.81  | 1:15.02              | 101% | RP    | 0 Pt. |
| 400m Estilos           | 4             | 5:24.88 | 5:45.76  | 113%                 | RP   | 0 Pt. |       |
| Figueira Jose Miguel   | 4.10.95       |         |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 45.06    | 40.19                | 80%  |       | 0 Pt. |
|                        | 100m Livres   |         | 1:34.16  | 1:34.12              | 100% |       | 0 Pt. |
|                        | 200m Livres   |         | 3:13.35  | 3:17.08              | 104% | RP    | 0 Pt. |
|                        | 400m Livres   |         | 6:32.32  | 6:38.62              | 103% | RP    | 0 Pt. |
|                        | 800m Livres   |         | 13:14.35 | --:--                |      | RP    | 0 Pt. |
|                        | 1500m Livres  | 16      | 24:53.97 | --:--                |      | RP    | 0 Pt. |
|                        | 100m Mariposa |         | 1:48.59  | --:--                |      | RP    | 0 Pt. |
| 400m Estilos           | 10            | 7:17.84 | --:--    |                      | RP   | 0 Pt. |       |
| Figueira Miguel Angelo | 26.7.95       | 26577   |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 38.78    | 33.33                | 74%  |       | 0 Pt. |
|                        | 100m Livres   |         | 1:18.96  | 1:09.86              | 78%  |       | 0 Pt. |
|                        | 200m Livres   |         | 2:41.12  | 2:48.89              | 110% | RP    | 0 Pt. |
|                        | 400m Livres   |         | 5:26.84  | 6:09.33              | 128% | RP    | 0 Pt. |
|                        | 800m Livres   |         | 11:07.83 | --:--                |      | RP    | 0 Pt. |
|                        | 1500m Livres  | 4       | 20:54.71 | --:--                |      | RP    | 0 Pt. |
|                        | 100m Mariposa |         | 1:29.21  | 1:26.87              | 95%  |       | 0 Pt. |
| 400m Estilos           | 3             | 6:06.08 | --:--    |                      | RP   | 0 Pt. |       |
| Fonseca David Jose     | 23.7.94       | 25206   |          | Cumbófila/Cantanhede |      |       |       |
|                        | 50m Livres    |         | 35.85    | 33.87                | 89%  |       | 0 Pt. |
|                        | 100m Livres   |         | 1:14.85  | 1:11.62              | 92%  |       | 0 Pt. |
|                        | 200m Livres   |         | 2:30.72  | 2:28.47              | 97%  |       | 0 Pt. |
|                        | 400m Livres   |         | 5:06.00  | 5:09.14              | 102% | RP    | 0 Pt. |
|                        | 800m Livres   |         | 10:21.10 | 13:00.36             | 158% | RP    | 0 Pt. |
|                        | 1500m Livres  | 5       | 19:32.30 | 23:33.11             | 145% | RP    | 0 Pt. |
|                        | 100m Mariposa |         | 1:24.00  | 1:29.80              | 114% | RP    | 0 Pt. |
| 400m Estilos           | 6             | 5:56.82 | 6:48.93  | 131%                 | RP   | 0 Pt. |       |

|                           |          |          |                        |      |    |       |
|---------------------------|----------|----------|------------------------|------|----|-------|
| Girao Diogo Cunha         | 23.11.94 | 25208    | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 33.95    | 32.04                  | 89%  |    | 0 Pt. |
| 100m Livres               |          | 1:09.75  | 1:06.74                | 92%  |    | 0 Pt. |
| 200m Livres               |          | 2:20.90  | 2:16.31                | 94%  |    | 0 Pt. |
| 400m Livres               |          | 4:44.69  | 4:41.82                | 98%  |    | 0 Pt. |
| 800m Livres               |          | 9:37.91  | 9:33.33                | 98%  |    | 0 Pt. |
| 1500m Livres              | 1        | 18:12.38 | 19:42.70               | 117% | RP | 0 Pt. |
| 100m Mariposa             |          | 1:19.33  | 1:36.89                | 149% | RP | 0 Pt. |
| 400m Estilos              | 3        | 5:34.28  | 6:18.93                | 128% | RP | 0 Pt. |
| Lopes Filipa Goncalves    | 28.3.94  |          | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 36.79    | 34.84                  | 90%  |    | 0 Pt. |
| 100m Livres               |          | 1:20.26  | 1:16.29                | 90%  |    | 0 Pt. |
| 200m Livres               |          | 2:49.20  | 2:48.11                | 99%  |    | 0 Pt. |
| 400m Livres               |          | 5:52.88  | 5:49.26                | 98%  |    | 0 Pt. |
| 800m Livres               | 11       | 12:04.69 | --.--                  |      | RP | 0 Pt. |
| 100m Mariposa             |          | 1:47.96  | --.--                  |      | RP | 0 Pt. |
| 400m Estilos              | 10       | 7:08.12  | --.--                  |      | RP | 0 Pt. |
| Machado Florbela Cavaco   | 14.5.96  | 103916   | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 40.51    | 40.93                  | 102% | RP | 0 Pt. |
| 100m Livres               |          | 1:28.82  | 1:27.10                | 96%  |    | 0 Pt. |
| 200m Livres               |          | 3:03.53  | 2:56.75                | 93%  |    | 0 Pt. |
| 800m Livres               | 8        | 12:38.37 | --.--                  |      | RP | 0 Pt. |
| 100m Mariposa             |          | 1:53.42  | 1:57.88                | 108% | RP | 0 Pt. |
| 400m Estilos              | 12       | 7:09.54  | --.--                  |      | RP | 0 Pt. |
| Meneses Gustavo Alexandre | 10.8.92  | 12078    | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 31.96    | 29.39                  | 85%  |    | 0 Pt. |
| 100m Livres               |          | 1:06.11  | 58.07                  | 77%  |    | 0 Pt. |
| 200m Livres               |          | 2:15.21  | 2:14.06                | 98%  |    | 0 Pt. |
| 400m Livres               |          | 4:35.48  | 4:34.55                | 99%  |    | 0 Pt. |
| 800m Livres               |          | 9:20.56  | 11:24.03               | 149% | RP | 0 Pt. |
| 1500m Livres              | 2        | 17:36.15 | 18:41.21               | 113% | RP | 0 Pt. |
| 100m Mariposa             |          | 1:11.63  | 1:10.02                | 96%  |    | 0 Pt. |
| 400m Estilos              | 1        | 4:58.32  | 5:11.30                | 109% | RP | 0 Pt. |
| Pereira Renan Camara      | 7.2.93   | 25205    | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 33.64    | 31.77                  | 89%  |    | 0 Pt. |
| 100m Livres               |          | 1:10.29  | 1:01.64                | 77%  |    | 0 Pt. |
| 200m Livres               |          | 2:20.90  | 2:19.34                | 98%  |    | 0 Pt. |
| 400m Livres               |          | 4:43.65  | 4:41.92                | 99%  |    | 0 Pt. |
| 800m Livres               |          | 9:32.41  | 11:31.11               | 146% | RP | 0 Pt. |
| 1500m Livres              | 2        | 18:01.19 | 19:03.48               | 112% | RP | 0 Pt. |
| 100m Mariposa             |          | 1:15.93  | 1:11.42                | 88%  |    | 0 Pt. |
| 400m Estilos              | 3        | 5:24.70  | 5:15.01                | 94%  |    | 0 Pt. |
| Silva Tiago Andre         | 27.11.94 | 26578    | Columbófila/Cantanhede |      |    |       |
| 50m Livres                |          | 35.71    | 35.06                  | 96%  |    | 0 Pt. |
| 100m Livres               |          | 1:14.97  | 1:15.23                | 101% | RP | 0 Pt. |
| 200m Livres               |          | 2:32.25  | 2:38.89                | 109% | RP | 0 Pt. |
| 400m Livres               |          | 5:12.20  | 5:24.94                | 108% | RP | 0 Pt. |
| 800m Livres               |          | 10:34.84 | 12:14.60               | 134% | RP | 0 Pt. |
| 1500m Livres              | 6        | 20:03.09 | 23:17.92               | 135% | RP | 0 Pt. |
| 100m Mariposa             |          | 1:28.11  | 1:26.77                | 97%  |    | 0 Pt. |
| 400m Estilos              | 9        | 6:06.72  | 6:32.98                | 115% | RP | 0 Pt. |

Total 90 resultados individuais, desempenho médio: 102,8%  
0 novos rec. clube, 50 novos rec. pessoais  
Maior melhoria: Fonseca David Jose, 800m Livres 10:21.10